



**Autism Alliance SoCal**  
Building Meaningful Lives

## **Friendships in Action at the Pickleball Court for Teens on the Autism Spectrum and other Developmental Disabilities**

**The workshop will be held at the  
Burbank Tennis Center  
249 E. Amherst Drive, Burbank, CA 91504**

Each in-person session is action driven to coach hands-on participants on forming and maintaining a Friendship. Workshop is for teens 12 to 17 years of age who are eager to make new friends and learn or enhance skills playing pickleball. Workshop will include modeling and coaching friendship basics and essentials that include:

- 1.Starting and maintaining reciprocal conversation
- 2.Connecting around mutual interests
- 3,Understanding verbal and non-verbal social cues
- 4.Knowing when you are not connecting with someone
- 5.Establishing mutual consent on maintaining contact
- 6.Managing disagreement
- 7.Using social media in a respectful manner
- 8.Working in a team by learning sportsmanship



## Sunday Afternoon Workshop Series Dates and Times for April 2026

Session 1: April 19th - 1:00 pm to 2:30 pm

Session 2: April 26th - 1:00 pm to 2:30 pm

Session 3: May 3rd - 1:00 pm to 2:30 pm

Session 4: May 10th - 1:00 pm to 2:30 pm

Joel

Social skills sessions will be held by a Andy Young, licensed therapist alongside pickleball coach with peer facilitators that will conduct team warm up exercises to introduce social connection to participants with and without any prior experience with a sport. The sessions will include neurotypical peers to model social interactions, teamwork and sportsmanship.



Andy Jung, MA, will be facilitating the workshop sessions. He is an LMFT (Licensed Marriage and Family Therapist) with a Masters in Counseling Psychology from the University of San Francisco. Andy has been dedicated to individual counseling, parent support and social skills training for children, teens, young adults on the autism spectrum and other developmental disabilities for over 10 years

**Space is Limited to 20 Participants.**

The workshop series is vendored by Lanterman Regional Center. Inquire with your Regional Center Service Coordinator. It may be available to clients of other Regional Centers as well.

**Vendor# PD3625 - Subcode 10PG (Lanterman)  
Subcode SRA 10 (ELARC)**

**To Register Email AASC at [info@autismsocal.org](mailto:info@autismsocal.org)  
or Call/Text (818) 662-8847**



Autism Alliance SoCal | 350 N Glendale Ave. STE B #287 | Glendale, CA 91206 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!